

Little Heath Care and Support

Little Heath Care and Support is a 64-bed care home located in Cadbury Heath.





About Little Heath Care and Support

Brunelcare's Little Heath Care and Support is a 64-bed care home and 24-bed reablement service in Cadbury Heath, South Gloucestershire. The care home will provide 24/7 nursing with dementia care expertise.

Little Heath Care and Support is Brunelcare's fifth care home. As an experienced care provider, Brunelcare's care homes are all rated 'Good' or 'Outstanding' by the Care Quality Commission, (CQC), and are accredited with the Gold Standards Framework which recognises excellence in End of Life Care.



Why Little Heath Care and Support?

At Little Heath, we consider a good care home to be one that helps people make the most of their lives. We provide an environment that we hope feels like a home away from home. We try to create a community where residents, employees, family and friends all feel happy and relaxed together. Getting to know you and understanding what really matters is where we start. Everything we do is designed to meet an individual's needs, putting the person we care for at the heart of what we do.

Dementia care

Dementia care is just part of what we do at Little Heath. We are recognised for our expertise in caring for people living with a Dementia and for supporting their families. All of our employees are trained in working alongside residents living with a Dementia.

Little Heath Care and Support will provide

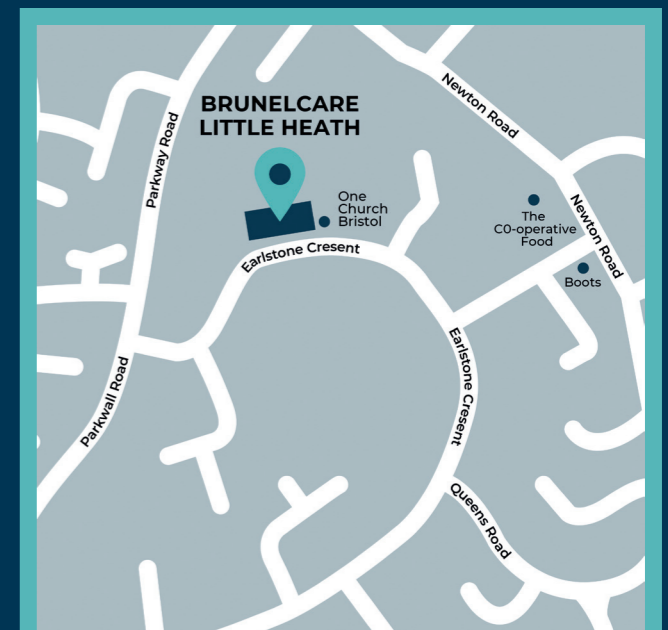
- ✓ A person-centred approach
- ✓ 24-hour nursing care
- ✓ Specialist dementia care
- ✓ Long term condition management (Parkinson's, diabetes, COPD)
- ✓ Regular activities to promote health and wellbeing
- ✓ Excellence in End of Life Care
- ✓ Respite Care
- ✓ GP consulting rooms on premises, working in partnership with Cadbury Heath Health Care
- ✓ Stylish and comfortable interiors, designed with dementia care in mind

We have a person-centred approach to care which includes

- ✓ Respecting the individual and their life history
- ✓ Recognition that a 'sense of purpose' is a necessary part of maintaining skills
- ✓ Actively seeking to improve the wellbeing of the people that live with us
- ✓ Ensuring that varied and stimulating activities are taking place
- ✓ Offering support and guidance for family of those being cared for

Facilities at Little Heath include

- ✓ Each room has ensuite facilities
- ✓ Nurse Call System
- ✓ On site laundry service available
- ✓ Nutritious, carefully tailored meals provided
- ✓ Mobility aids installed such as bathing facilities and hoists, with lift access through the home
- ✓ Parking available for visitors



Little Heath Care and Support

Earlstone Crescent
Cadbury Heath
Bristol
BS30 8AA

Number
0117 450 0320

Email:
littleheath@brunelcare.org.uk



The team at Little Heath Care and Support



Little Heath Care and Support Activities

Brunelcare Care Homes pride themselves on the activities they offer their residents. Sessions at Little Heath will be a way of bringing residents together and allow the opportunity for socialisation. Little Heath will be hosting activities such as coffee mornings, bingo, arts and crafts, exercise sessions, film nights and music events. These activities may vary depending on what the majority of residents at Little Heath wish to have at their care home.

Little Heath Care and Support has also introduced a town square that replicates a town centre or busy high street. The town square includes an onsite hairdressers, visiting chiropodist and shop where residents can go to purchase toiletries, snacks and other essentials. The town square also hosts a coffee shop where residents, family and friends can meet for a cup of tea and a catch up. The town square allows residents to feel like they're leaving their home without having to leave the building.

Brunelcare employees are skilled, friendly and qualified. We have designed our recruitment and selection methods to ensure that we recruit a high calibre of employees that suit the culture of each care home.

All of our colleagues are subject to a Disclosure and Barring Service (DBS) check before working for us and, once approved, they undergo a full induction programme and receive continuous training.

In addition to our own rigorous self assessment, we are regulated by the CQC. We also regularly seek our customers' views and feedback to ensure we maintain a high standard of care and high levels of satisfaction in our services. Our team is extremely experienced at working with older people who may be frail, have a learning disability, or have a long term illness.

Funding your place at Little Heath Care and Support



There are three funding options to look into when applying for a place at Little Heath Care Home:

- 1 Self-funded Care**
- 2 Local Authority Funded Care**
- 3 Care funded by Health (Continuing Healthcare)**

How you fund your place at Little Heath Care Home will depend on your care needs and individual circumstances. If unsure of your eligibility for a care place, please contact the Little Heath Care Home Manager.





Frequently asked questions

Q Who will be providing my care and support?

A Brunelcare have their own care and support team that are able to help you in creating your own care and support plan, including promoting your participation and involvement in schemes.

Q Will you have your own room with your own bath, shower or toilet?

A All the rooms at Little Heath are equipped with an en suite that includes a level access wetroom shower and toilet. We have baths on site for residents to enjoy with hoists for easy access.

Q Can people visit Little Heath Care and Support?

A Of course, it's your home. We welcome visitors to Little Heath. Contact the Care Home Manager for more information.

Q How does the home deal with complaints?

A We have a formal complaints or compliments procedure display in the home. You can also find out more information on our website: www.brunelcare.org.uk

Q Can you bring your pet with you?

A This can be discussed with the Care Home Manager.

Q Can you choose when you have your meals and is there a choice?

A Yes, everyone living with us at Little Heath can choose when they have their meals. There is a choice between two meals for lunch and dinner, alongside a vegetarian option and a variety of breakfast options.

Q Can you get up and go to bed when you like?

A Yes. Residents are free to go to bed when they like and get up when they wish.

Q Is there a phone you can use to make and receive calls in private?

A The use of personal mobiles is permitted. We can also offer the use of our cordless phones when needed.

Q Are there smoking and non-smoking areas?

A The building is a non-smoking environment, however there is an external smoking area on site.

Q Can I visit the Care Homes before I make a decision?

A Most certainly! Arrangements can also be made to visit by contacting the Care Home Manager.

Complaints, Comments or Compliments

Brunelcare is committed to providing a high quality service to all of our customers.

We welcome feedback and if you would like to submit a complaint, comment or compliment about the services you have received, you can do so by contacting Brunelcare by any of the means set out below. Further information can also be obtained from our website: www.brunelcare.org.uk

Equal Opportunities

Brunelcare will not accept any form of discrimination in its work for older people. Our services will be provided for those in need of a fair and equitable basis. No one will receive less favourable treatment from us on the grounds of age, sex, class, culture, religious belief, political allegiance or sexual orientation.



How to Contact Us

Head Office
Brunelcare Saffron Gardens
Prospect Place
Whitehall
Bristol
BS5 9FF

Tel: 0117 914 4200

Email: hello@brunelcare.org.uk

www.brunelcare.org.uk

For more information about Little Heath Care and Support

For more information about Little Heath Care visit:
www.brunelcare.org.uk/locations/little-heath-care-home/

Useful Contact Numbers

- Brunelcare Head Office: 0117 914 4200
- Care Direct: 0117 922 2700
- Citizens Advice Centre (Bristol): 0344 411 1444
- CQC: 03000 616 161
- NHS Direct: 111

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