## brunelcare grappe

SPRING 2021

## NEWSLETTER

## What's Inside



Vaccinations at Brunckare How we have started receiving our first

dose at Brunelcare

Carmer Food Hampers Carmel Centre donated









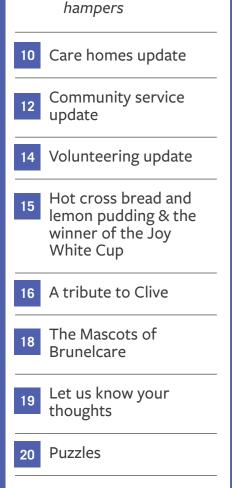


# Ve miss you Clive

Paying tribute to Clive Iles, a beloved volunteer at our Deerhurst care home.

#### Contents





## Welcome to Grapevine



As we emerge from a long and difficult winter, we can begin to see the shoots of Spring rising.

Over 80% of our eligible colleagues have now had their vaccine. This will make us safer and protect each other and residents. We have been able to reopen most of our care homes and extra care housing schemes to visitors, and restart most services.

But we must not forget just how hard the last three months have been. Covid has dominated our lives, with January and February being particularly difficult months. It is important that we recognise the impact that the pandemic has had on all our lives over the last year and our collective loss and grief.

Throughout the last year I have seen some truly inspiring leadership and care. Saffron Gardens, Glastonbury, Colliers Gardens, and Little Heath have endured months of Covid outbreaks. Our community carers, housing and repairs teams, and our volunteers have carried on supporting clients and tenants and keeping our services going. We have learnt new ways of communicating and working together and some of this will continue. I have particularly enjoyed meeting with residents' families on Zoom calls, for example.

And in our 80th year, if we can, we'll have a big party to celebrate. To be together again will be just great. Our special year will also see us launch our new five year plan, setting out how we will modernise our customer services, invest in our homes and develop new models of care, whilst campaigning for a better deal for social care and our staff. Look out for this in our next issue.

Finally, this month we are launching our 'Speaking Up' campaign. There is no room at Brunelcare for bullying, harassment or unkind behaviour. Anyone working for or on behalf of Brunelcare should feel able to speak up about anything that feels wrong, and that's why we've created this policy. It includes why we need to be open and accountable, to be able to learn from events and prevent them from happening again. Anyone who sees any behaviour they think is wrong will be supported if they do speak up.

So thank you to everyone. We have all done the best that we can. We have supported each other, and we have cared for those that need us. Throughout this, we have never forgotten the power of a smile.

**Oona Goldsworthy** CEO at Brunelcare

# **80 YEARS** OF CARE & SUPPORT



#### 2021 is a landmark year for Brunelcare as we celebrate our 80th anniversary!



Our story begins back in October 1941 during the Bristol Blitz, when the Old People's Welfare Committee (as we were originally known) was established to help support older generations impacted by the bombing. At this time it was all about delivering hot meals, blankets and urgent supplies to those who needed them, with a mission to 'keep them warm, keep them fed, keep them alive'.

After the war, the meal delivery service continued to grow

- largely thanks thanks to a committed volunteer task force. The Charity also started to acquire buildings in Bristol to help maintain independent living in the city for older residents.

A name change came in 1993 as Bristol Age Care opened our Saffron Court (now known as Saffron Gardens) and Robinson House care homes. This saw the start of a new way of caring for residents that promoted greater independence and we began to offer specialist care for those living with a dementia.

The Brunelcare name was born in 1998 and we have continued to grow and develop our services ever since. We now have 5 care homes across Bristol, South Gloucestershire and Somerset, a retirement village, two dedicated reablement centres, plus a range of housing options, domiciliary care and support services. All of this means Brunelcare now supports over 2000 people!

Keep an eye out for more information about our 80th anniversary celebrations throughout the year. While we may have to wait a little longer before we can celebrate in person, we'll certainly be recognising this milestone in as many ways as possible!

#### LET US KNOW YOUR **MEMORIES**

Do you have any memories of Brunelcare or Bristol from decades past? If so we'd love to hear from you. **Please** send your stories to jenny. clarke@brunelcare.org.uk



Our Digital Marketing Coordinator, Kath Embling, reached her final goal in December after pledging to run 510 miles for Brunelcare.

During these challenging times Kath wanted to support our residents and tenants, so she started a fundraiser to raise money for wellbeing supplies.

Kath took on the challenge of running 510 miles across 2020 the equivalent of 19.4 marathons



- to reflect the 510 residents and tenants living across our care homes and extra care housing sites

Kath said: "I started this fundraiser during the first lockdown to raise money for wellbeing activities for Brunelcare's residents. The teams at Brunelcare do such an amazing job of planning activities in the care homes to keep people engaged and well. I thought the extra funds would help to keep the residents smiling during this really challenging time."

She set off in May, documenting her runs on the Strava app, and after months of hard work she completed her final run in mid December.

On Friday 11th December Kath crossed the finish line, reaching her final destination at our Deerhurst care home where she was cheered on by residents and staff at the home. She even marked the special occasion by getting in the Christmas spirit and dressing up in her best elf costume!

Kath said: "It feels amazing to finish this challenge! I'm so happy to mark the occasion by finishing at Brunelcare's Deerhurst care home. It was a lovely moment to see the residents and team - from a distance of course! I'm delighted that this challenge has raised money for Brunelcare and awareness of the great work they do."

Through this challenge Kath has raised a whopping £1,321 for Brunelcare, and hopes this money will fund some fun wellbeing activities to help residents and tenants through the pandemic.

# A few months ago colleagues

A few months ago, colleagues, residents and tenants at Brunelcare started receiving their first dose of the COVID-19 vaccine - our care teams were among the first in the world to receive the vaccination on the 8th December! All of our care homes and sites have now had the vaccine, and have started to receive second doses.



### It's been a challenging journey, but we're so pleased there is light at the end of the tunnel!

# STORY Charles and a second state of the second

Johanet Sloan, manager of our Orchard Grove reablement centre, shares her personal experience with COVID-19 and why she thinks getting the vaccine is so important.

Johanet started her journey at Brunelcare in 2013 as a Registered Nurse at our Saffron Gardens care home. In 2018, Johanet became manager of neighbouring site, Orchard Grove Reablement Centre. She is a much loved member of the team.

In October, Johanet tested positive for COVID-19 and developed severe symptoms over the few weeks that followed.

Johanet says: "At first I felt a little under the weather, then as things developed I couldn't eat or drink much, I felt nauseous, experienced a loss of taste but I continued to muddle along. Within a week I felt very unwell, I had laboured breathing so I called an ambulance."

Johanet was taken to Southmead hospital and stayed there for a week, where she was given oxygen to aid her recovery.

"It was a very scary experience. As a nurse I know when things aren't going very well so I knew something wasn't right. I was moved to the respiratory ward and was put on oxygen to help my breathing and fluids as I was dehydrated. I was looked after exceptionally well by the hospital team during my stay." Thankfully, Johanet has made a full recovery, she began a phased return in December and returned to work fully the following month. On Johanet's first day back at Orchard Grove, the team surprised her by lining the entrance of the building and decorating the centre with banners and pictures. They also presented Johanet with flowers to mark her return to work.

Sara, a Reablement Key Worker at Orchard Grove, says: "It's great that Jo is well and back to work, it's lovely to have her back where she belongs."

Johanet says: "I wasn't expecting it at all, it was so lovely to be welcomed back by the team!"

## Why getting the vaccine is important

In early December, Johanet and other employees at Brunelcare received the first dose of the COVID-19 vaccination. Johanet has since received the second injection and shares why she thinks getting the vaccine is so important:

"When I knew the vaccine was available for healthcare workers, I jumped at the chance to have it. Looking back at the experience I had with Covid, I wouldn't want any of the people we care for, or my colleagues, to go through what I did. It was very debilitating. **It's important to have the vaccine** not just to protect myself, but Orchard Grove's guests, my colleagues and my family.

The process of receiving the vaccine didn't take long at all. It went really smoothly, the staff explained everything clearly and we were encouraged to ask any questions. They provide you with plenty of information and monitor you afterwards."





On December 8th 2020, Brunelcare front-line teams were among the first in the world to receive the COVID-19 vaccination. On December 24th, residents in our care homes began receiving the vaccine. All of our care staff have been offered the vaccine, and we are strongly encouraging take up across our sites.

Johanet says: "The vaccine has brought hope. Everyone wants to get rid of this virus and the more people that take up the vaccine the quicker we can get back to normality. I also think it's really important for members of the BAME community to have the vaccine as they are at higher risk of developing more serious symptoms. I know we're still living through a challenging time, but I believe that thanks to this vaccine there is light at the end of the tunnel. There is hope."

## Housing and Property Update

# REPAIRS AND MAINTENANCE

The Repairs and Maintenance team have been working hard over the last few months to help shape your repairs service for the future. We are making process changes to ensure we can offer you a first class service, achieving a first time fix (where possible) and achieving high levels of customer satisfaction.

In line with the Government lockdown, at times we have had to reduce our response to an emergency response only. We have made the decision to do this to keep you and our colleagues as safe as possible and to help reduce the spread of the virus. We aim to resume a full service as lockdown restrictions are eased, but this will be in line with Government advice.

An emergency repair is classed as the following:

Total loss of heat or hot water

#### ✓ Major roof leaks Uncontainable plumbing leaks

- $\checkmark$ Gas leaks
- $\checkmark$ Blocked drains
- Serious electrical faults
- Broken/jagged glass
- Toilet not flushing where there is only one in the property
- $\checkmark$ Insecure front door or windows
- Door entry system not working
- Shower repairs where resident unable to use a bath
- Dangerous walls or fencing
- Replacement light bulbs (where the tenant is unable to replace themselves)
- Lift breakdown/entrapments

#### We understand that not all tenants will have the same circumstances and if you're unsure if your repair warrants an emergency response, please do contact the repairs team on: 0800 072 6308



#### **Repairs Team Contact** Information:

Between Monday - Friday 8.30am - 4.30pm, please call **0800 072 6308** and your call will be answered by a member of our team. If you are calling during these times and your call is not answered, please leave a message and someone will come back to you shortly.

You can also report your repair via our website: brunelcare.org.uk/ report-a-repair

Or alternatively you can report in person to a member of brunelcare who will pass your message to the repairs team

#### **Out of Hours Response**

If you are calling outside of the hours stated above and your repair is of an urgent nature, please use the housing management system installed in your home. This can either be your Lifeline Pullcord (please pull) or your Alerta Telephone (press a button). An out of hours call operator will advise you on how your issue will be handled.

Alternatively, please call our main number **0800 072 6308** and your call will be diverted to the out of hours operator."

## Housing and Property Update



We are receiving an increasing number of calls from residents who have been sold a Sky Q package and have been left feeling frustrated having paid for a service which does not work.

Unfortunately, this is because our infrastructure doesn't support the Sky Q service. Even if Sky tell you that it will work, please refrain from investing in this enhanced Sky package.

## **Brunelcare Pest Policy**

Residents are responsible for pest control in their homes or gardens. We will give residents advice on how to get rid of pests within their home and garden. Brunelcare will deal with pests where they are present in or on communal areas that we own.

If you have a problem with pests and do nothing about it, it could also affect your neighbours' homes. Many Local Authorities provide pest-control services in their area.

## Carmel Centre Food Hampers

In December 2020 the Carmel Centre at Brislington donated 25 food hampers to clients who use our Help When You Need It Service.

This has been an ongoing donation from the Carmel Centre for over 10 years and the clients have been grateful for the hampers.

Here are three of our clients receiving the hampers.



"It's wonderful to receive"



"It's lovely, thank you"

Brunelcare does not accept responsibility for loss or damage to personal possessions, belongings, furniture and fittings as a result of a pest infestation. It is the tenant's responsibility to insure their own personal belongings and claim against their own home contents insurance





"It was wonderful to have people that help and not want anything in return."

## **Care Homes** Update



The second wave of the pandemic has been one of enormous challenge for our care homes. Our teams in each of the homes have risen to this challenge, as ever, in the most admirable and humbling way.

#### Message from Sandra Payne, **Director of Nursing & Care Homes**

Carers, nurses, housekeepers, administrators, catering teams, homemakers, maintenance teams, home managers and deputies have all gone above and beyond, putting the people living in our homes at the centre of everything that they do.

Sadly, some much loved residents were not able to win the fight against COVID-19 and the teams have felt the loss of each and every person who has passed away.

With the roll out of the vaccine to all colleagues and residents and the introduction of single named visitors into the homes, we at last have

some light at the end of our very long tunnel. A year has passed since we were able to enjoy the chats, laughter and buzz of life that visitors bring. We are looking forward so much to welcoming relatives and friends back into the care home communities, initially in this slow and steady way, but eventually to help us all return back to some sense of 'normal'.

Thank you to all of my colleagues who have given so much of themselves, to the people in our homes for bearing with us, and to the friends and relatives who have trusted in us for the last year whilst missing their loved ones. Summer 2021 will be amazing!

#### **Robinson House**



One of our residents, Kath, recently turned 104, so we celebrated her birthday with decorations, presents and a lovely cake. We would also like to extend our thanks to Lewis, son-in-law of one of our carers, who is doing a sponsored run on Saturday 10th April to show his appreciation to our staff. Thank you Lewis for your kind gesture.

#### **Saffron Gardens**



We have been keeping busy with interactive bingo nights and sensory sessions, and we recently celebrated Burns Night with haggis and clootie dumpling tasting! At Christmas, our team donated their £15 gift cards to the local food bank

and wanted to give again this lockdown, so we have been lining up online shopping orders to donate. So far we have £175 in vouchers, but this is rising daily. We are very proud of our team for their generosity.

## **Care Homes** Update

#### Glastonbury



It has been a really challenging time for all of Glastonbury's residents, relatives and colleagues. The virus has had a significant impact on the home and our thoughts are with those who have lost loved ones. We're incredibly proud of how our staff have responded in these difficult times.

We have been blown away by the lovely gestures we have seen from the community during this time. We received a kind donation of colouring books, pencils and goodies from a lovely member of the community, and received generous donations from our local Dominos, Morrisons and Tesco.

#### **Orchard Grove**



It's been all hands on deck at Orchard Grove! We have been operating mostly at full capacity as the hospital systems remain stretched.

Our wonderful housekeeping teams have been working hard turning rooms around and our guests and staff have been exceptionally busy working towards their individual reablement goals. We are currently recruiting new staff to join our reablement team.

#### **Little Heath**



We have been accepting many kind and generous donations of games, books, crafts and garden equipment ready to introduce our gardening group once the weather improves. We have also received support from our local health centre which is absolutely amazing, we can't wait to start growing!

Our next exciting event is Easter, where we are making an egg tree, easter bonnets and an easter egg hunt.

#### Deerhurst



We look forward to welcoming our first visitors back in mid-March, with extra precautions in place to ensure the safety of residents and relatives. We will do everything we can to keep families connected; it has been a challenge to communicate through screens, but now that all of our residents and staff have had their second vaccine we can see a light at the end of the tunnel. Summer days with garden visits will be very welcome!

We would also like to extend a big thank you to Lynne Hambury and her family, who raised an amazing £1,515 for our amenity fund in memory of Marianne Rumley. Marianne lived at our home for five years. When she sadly passed away in December her family started a JustGiving fund to help us provide more of the trips and entertainment that their mother loved so dearly. We are incredibly grateful for their generosity.

## **Community Service** Update

#### Message from Michelle Caine, **Director of Community Services**



#### While the pandemic has engulfed all our lives and affected us in many ways, we have hope in the form of the vaccine.

To date many of our tenants and employees have received their first jab, with their second date booked in. We continue to encourage both tenants and employees to have the vaccine where you can and hope this will form part of our journey to normality once again. A time where we can have parties, celebrate birthdays, eat together in our restaurants and enjoy activities with our neighbours.

### **A MASSIVE THANK YOU**

#### **Waverley Gardens**



We were excited to receive the keys to the Waverley Gardens extension in March 2020, then the pandemic hit. It was uncertain times as to how quickly we would be able to fill our shiny new apartments with lockdown upon us. However, due to the incredible efforts of the Waverley team we are pleased to have filled 57 of the flats, welcoming 69 new tenants. In addition we employed 16 new staff to join the team ensuring we could continue delivering great services throughout the pandemic.

Despite being locked down over Christmas and New Year, we have continued to support tenants with various surprises, taking trolleys of drinks and mince pies around the site. Meals have also been served to all tenants by an internal meals on wheels service, ensuring all tenants are receiving their meals every day.

While we had to limit our Chinese New Year celebrations due to restrictions, the spirit remained and decorations were put up around Colliers to mark the New Year.

#### Colliers Gardens



## **Community Service** Update

#### Somerset



We have seen the expansion of our discharge to assess service (D2A) in Somerset. The service supports people discharged from hospital into their own home, working closely with MPH, YDH and Weston hospital, in collaboration with

OT and physios to support people back to independence.

We have over 85% of our staff now vaccinated with the 2nd doses booked in for March/ April.

#### **ABC** Centre



The short-term assessment flats at the ABC Centre have been a great addition. It has been great for the team to be involved in such a positive pilot, where we have seen positive outcomes for individuals, built good relationships with Sirona and Bristol City Council and allowed us as a team to build skills in other areas. The pilot was a great opportunity for us to support individuals to gain an understanding of extra care housing and benefits of this, whether this is something they decided to proceed with following their stay or if this was knowledge for their future.

#### Kingswood



Our very own Chris Jones and Tara Hicks were nominated and were highly commended by the judging panel for the Joy White Cup. This cup is in memory of a very loved colleague who sadly passed away last year, and was awarded for being loving in care.

Our Time for You and Marigolds services continue to deliver supportive services to those living in their own homes across Bristol, we look to establish further work within this area over the coming year.

## Volunteering Update

Acts of kindness can define the times we find ourselves in, and we have the pleasure to see this every day in the volunteering we have developed in response to the pandemic.

Our Friends on the Phone service continues to offer a weekly chat, letting people know that they are not alone - there is someone else who cares.

We have volunteers who help with shopping, support in our offices and offer a friendly smile in our reception areas. Volunteers who meet out and about for a walk and talk and in other face to face roles where having a chat over the phone just isn't appropriate.

We also must not forget our wonderful volunteers who have been unable to support our care homes and extra care homes in the way they would love to do. We hope you will be able to support us again very soon!

We celebrate Clive, who had given so much of his time freely to support Deerhurst. The many friends and family who have supported us with raising valuable funds through some fantastic, sponsored feats and cherished donations given in memory of their loved ones.

But what about all those other acts of kindness that we're just not aware of, that bring us together and benefit our communities? Acts that with a little more support, their impact can amplify and reach more people.

### Friends on the phone

#### Would you like a regular chat with one of our volunteers?

If you would like to enjoy a regular chat, please get in touch:

Email: volunteering@brunelcare.org.uk

Call: Emma on 07786 038 058 or Liz on 07776 652 736

Or how about those acts that are yet to happen? The thoughts and wishes that we all have that would benefit from a helpful nudge in the right direction.

Alongside kindness, the pandemic has highlighted societal health inequalities and the increased risk for older people, acutely felt in many of our sites. However, we are also in a time of greater life expectancy, positive challenges to what growing old can mean and a greater recognition to not define people by their age.

There is greater potential to make a positive change and to experience richer possibilities as we live and remain active for longer, so we ask:

#### What change would you like to make? And how can we help you make that difference?

Learning a language, starting a new hobby or restarting an old one, improving fitness or learning a skill, or simply getting out and

about a bit more. With any of these options and more besides there is a huge chance you're not on your own and there will be someone else who would also like to get involved - we really don't know unless we ask, and once we ask we can start to turn those ideas into action.

It may be that we aren't able to initiate much straight away, but beginning a conversation is possible right now!

One idea that starts us off is a poetry group, this may only be available virtually at this time - so if you're interested, let us know or get in touch and let us discover together what else is possible!

#### FOR MORE INFORMATION

If you would like to find out more about any of our volunteering or community activities please contact **Emma and Liz** at volunteering@brunelcare. org.uk or call 07786 038 058

# ANNOUNCING THE WINNER OF THE JOY WHITE CUP



In December we announced the first ever winner of the 'Joy White Cup'.

Joy was a long-serving colleague whose roles included that of manager of Robinson House Care Home. When Joy sadly passed away earlier this year, her family donated a cup in her memory.

The cup was to be awarded each year to the individual, or team, who demonstrated true passion in providing loving care.

Out of 31 nominations, nine were shortlisted, but only one winner could be chosen: Carol Harewood, Registered Nurse from Robinson House Care Home.

Carol is described by those who work with her as the most caring person they've had the pleasure of working with. This award is dedicated to the memory of Joy, so it felt very fitting that Carol was its first recipient, as she helped care for Joy at home. It was Joy's wish to be at home and Carol's expertise was a major factor that enabled Joy to return home from hospital. Carol provided tender loving nursing care to Joy and her family right up until she passed away.

## **HOT CROSS BREAD & LEMON PUDDING**

#### **INGREDIENTS:**

- knob of butter, for the dish
- 4 stale hot cross buns
- 200g lemon curd
- 2 large eggs
- 200ml double cream
- 200ml milk
- ½ tsp vanilla extract
- 4 tbsp caster sugar
- little lemon zest
- cream or vanilla ice cream, to serve (optional)

#### **METHOD:**

- 1 Butter a 1-litre baking dish that will quite snugly fit the buns. Cut each bun into 3 slices, and sandwich back together with a generous spreading of curd. Arrange buns in the dish.
- 2 Whisk egg, cream, milk and remaining curd, then sieve the buns and stand at room temperature for 30 mins for the custard to soak in.

Described by her nominator as 'an absolutely amazing and wonderful example of everything that a nurse should be'.

#### **Many congratulations to Carol!**

In addition to the winner, a further 6 colleagues were recognised by the judges as 'highly commended'. They were:

Georgia Jones, Carer, Robinson House

- Grace Kenway, Homemaker, Deerhurst
- **Paul Fellows**, Maintenance, Colliers Gardens
- Tara Hicks and Christopher Jones, Community Carers, South Gloucestershire

#### Michelle Boden, Receptionist (now Repairs Coordinator), Head Office

into a jug with the vanilla and 3 tbsp of the sugar. Pour over 3 Heat oven to 160C/140C fan/ gas 3. Scatter the remaining sugar and lemon zest over the pudding. Bake for 30-40 mins until the top is golden and the custard gently set. Stand for 5 mins, then serve with cream or vanilla ice cream, if you like.

> www.bbcgoodfood.com /recipes/hot-cross-breadlemon-pudding

#### 66

Clive rarely sat down, he always found things to do. From arriving at 7.45 to leaving at 3.45, he was never without purpose."

1936 to 2020

We would like to pay tribute to Clive Iles, a beloved volunteer at our Deerhurst care home, who sadly passed away in December.

Clive was born in Hanham, Bristol, in 1936. During his younger years he got a job at Royal Mail, where he spent 35 years working in the sorting office.

When his mother, Irene 'Rene' Iles, became one of the first residents to move into Deerhurst, he quickly became accustomed

to spending his time at the home, becoming friendly with the team and other residents. Clive enjoyed spending time at Deerhurst so much that when Irene passed away in 1998, Clive decided to become a full-time volunteer at the care home.

Clive was a welcome addition in all areas of the home, always willing to lend a helping hand. His roles included admin, answering the phones, and taking care of the recycling, alongside many other jobs, and he would always go out of his way to assist the

laundry and catering teams. Clive regularly greeted visitors, bringing a smile to everyone who walked through the door.

A tribute to

#### Clive volunteered at Deerhurst care home for an incredible 22 years, providing over 35,000 hours of service **by 2019**, where he received a

certificate to mark the special occasion. His dedicated work was also recognised at the Great British South West Care Awards 2018, where he won the Unpaid Carers award for his dedication to volunteering.



In his spare time, Clive liked to go for walks or meet up with friends for a coffee, and he also enjoyed walking holidays in the Isles of Scilly. He loved flying - receiving his piloting license at 70 years old! Clive regularly attended the Bristol Flying Club, where he would have a cup of tea and enjoy watching the planes come in.

The positive atmosphere Clive brought to Deerhurst touched the hearts of the team, residents and visitors alike. Lesley Hobbs, care home manager at Deerhurst, said: "Clive is hugely missed for his gentlemanly manners, his genuine interest in people, his willingness to do anything to help and his memory for detail, along

with the 20 cups of coffee he made us every day."

Clive was sadly diagnosed with a terminal illness in 2020 and moved into Deerhurst, where he spent his final months in the place he loved most, surrounded by his team. He passed away peacefully in December.

Clive's warm presence will be remembered by all at Brunelcare, always staying positive and helping everyone in any way he could. His willingness to help others made him a treasured member of the Deerhurst team, and we will never forget his dedication to making people smile. Rest in peace Clive.



#### Fondest memories:

"Clive had a gift of making everyone feel valued by remembering their name and asking after their family, be it Stuart the delivery man, Nick the boccia man or Tom the meter reader. He would always offer everyone a drink and a chance to use the toilet which always made me smile."

"Clive was very punctual and precise, his routines were exact and I drove him mad with my spontaneity and lateness. If you had an appointment with Clive you could guarantee he would be half an hour early.

When lockdown began and we had to ask him not to visit for a while he was devastated. On the day I rang him to invite him back, I asked him to come in at 2pm and have lunch (he always had lunch at 2pm on the dot). He arrived at 11:30, saying he was too excited to wait!"

"When he moved in he wanted to be the perfect resident, so always ensured breakfast, lunch and tea was on time and orderly – right up until the week he passed away he continued to return his tray and crockery to the kitchen."

## The Mascots Meet our mascots, the furry friends who

regularly visit our care homes to bring smiles to residents and guests!

## of Brunelcare



**BREED:** German Shepherd **GENDER:** Female **AGE:** 7 months **BACKGROUND:** Xena has attended puppy classes and now has 1-2-1 training. Xena has a

fantastic temperament with the FUN FACT: She loves lots of cuddles and treats. Xena is a

favourite with the residents at Little Heath and she loves them and the fuss!

## DOG JOKES

- What kind of dog did
- A bloodhound.
- What do dogs eat for breakfast?
- A Pooched eggs.



BREED: Cockapoo **GENDER:** Male

#### AGE: 10 months BACKGROUND: Buddy

particularly likes spending time with the residents at Deerhurst as he gets so much attention. He often brightens the day of the residents and is known to really ease the anxiety of certain residents too!

**FUN FACT:** One of Buddy's favourite things to do is to have a belly rub. He enjoys the occasional biscuit which might be sneaked to him.

- Why was the dog such a good storyteller?
- A He knew how to paws for dramatic effect.
- What kind of dog loves to take bubble baths?
- A shampoodle
- What's a dog's favourite pizza?
- A Pupperoni



**BREED:** Australian Labradoodle **GENDER:** Male

**BACKGROUND:** Rory comes from a line of therapy dogs and is a welcome visitor to guests at our Little Heath reablement centre, whom he regularly cheers up.

FUN FACT: Rory's favourite pastime is stealing socks!

The dogs in action



We're always looking for ways to improve what we do here at Brunelcare. If you have a spare few minutes, we'd love to get your feedback on the following:

## GRAPEVINE

Nam	e (optional):	Site (optional):
1	How often do you Every issue Most issues	Some issues Only occasionally
2	Do you prefer to read the printed Digital Version of Grapevine?	Printed
3	How do you think Grapevine could be improved? What e	else would you like to see?
4	How often would you like to receive Grapevine? Quart	erly Twice a year Other
	If you would like to opt in to receive Grapevine digita	lly, please provide your email address:
C	OMMUNITY JOURNA	LISM PROJECT
	ould you write for Grapevine?	

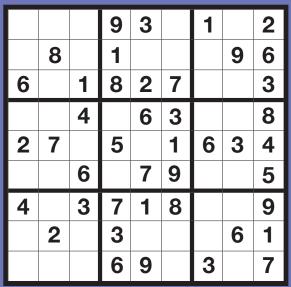
We would love to better represent the communities we support and are hoping to launch our very own community journalism project to help us achieve this.

If training and guidance was available so that you could contribute to the news and features we all

love to read, would this be something you would be interested in getting involved in?

If you would be interested in writing for Grapevine, please contact Emma Gwynne on 07384213573 or emma.gwynne@brunelcare.org.uk.

#### **SUDOKU**



#### ANSWERS

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G	٢	2	6	L	4	9	3	8
4	3	9	F	8	G	6	L	2
8	L	6	3	9	2	4	٢	G
3	G	4	Z	2	8	٢	6	9
9	6	L	4	G	٢	2	8	3
2	8	٢	9	3	6	G	4	L



#### WORD SEARCH

Γ	Ν	I	D	Е	L	К	R	Ρ	G	Ε	М	0	S	Ν
м	D	Ε	Υ	D	S	Α	S	С	Α	R	I	т	Н	S
Ρ	Α	Т	L	0	Н	Ε	0	G	Α	Μ	Ν	I	R	Α
Ε	Ν	R	I	С	Ε	R	Ν	I	G	Т	Μ	Α	Υ	Е
R	L	F	С	Ρ	R	Η	0	S	R	L	Η	I	Ε	Ι
U	Ν	S	В	Η	L	0	0	S	Ο	R	V	Α	I	Ν
Т	н	0	L	R	Ρ	J	0	Μ	W	I	Ε	Ε	W	Μ
V	С	L	D	V	I	С	U	S	Т	Y	Α	G	L	Α
Μ	В	I	Α	0	D	Ν	I	Ν	н	0	Y	G	Т	В
R	Ε	Α	В	I	R	Т	Н	н	Ε	Ε	Ν	S	Ν	0
0	R	U	Y	X	Т	I	Ρ	0	Ε	L	F	Α	R	R
S	Ε	I	0	Ν	F	Ν	L	R	Т	Α	Ρ	0	R	Ν
Α	D	D	G	Α	Κ	L	L	Μ	Т	Μ	Η	R	0	Т
1	W	0	S	К	Т	В	L	0	0	Μ	0	0	Ν	V
U	J	Т	U	L	I	Ρ	I	Α	I	I	Ν	R	I	Т

#### **CAN YOU FIND THESE WORDS?**



#### **Brunelcare Head Office**

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#### **Housing Customer Services Team:**

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#### **Emergency Maintenance Freephone:**

(Extra Care Housing & Sheltered Housing) 0800 072 6308 (8:30am - 4:30pm)







Registered as a charity (201555) and Regulator of Social Housing (LHo269)

## brunelcare